

RICHMOND COMMUNITY SCHOOLS HEAD START LUNCH MENU — JUNE 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.

Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.

Menu Subject to Change Without Notice

Nutritional information is available on the Food Service web page of the Richmond Community School District Website.

"This is an equal opportunity provider and employer"



Product of Michigan

Richmond Community Schools

Will participate in MI Farm to School. () = food choice utilizing MI based items.*



1

Chef's Choice

Romaine Salad
Diced Pears

1% Unflavored Milk

2

No School



5

Chef's Choice

Fresh Carrots
Mixed Fruit

1% Unflavored Milk

6

Chef's Choice

Romaine Salad
Diced Pears

1% Unflavored Milk

7

Chef's Choice

Fresh Celery
Apple Sauce

1% Unflavored Milk

8

Chef's Choice

Fresh Carrots
Mixed Fruit

1% Unflavored Milk

9

No School



Have a great

